

Lancashire Athletic Association

# 2025/26 CROSS COUNTRY CHAMPIONSHIPS

Saturday 13<sup>th</sup> December 2025- Towneley Park, Burnley

These Championships are open to all athletes who have a Lancashire Qualification. (Please see overleaf)

UKA permit CC25/1615

**ENTRY FEES** Age groups as at 31<sup>st</sup> August 2025 except Veterans – age on the day

Athletes must be 8 years or older.

|                                           |       |                    |              |        |
|-------------------------------------------|-------|--------------------|--------------|--------|
| Pre entry before 1 <sup>st</sup> December | £8.00 | U11, U13, U15, U17 | Entry on day | £10.00 |
|                                           | £9.00 | U20, Senior & Vets |              | £11.00 |

**Medals** Team Medals will be awarded to all counters

|                                            |                     |                            |
|--------------------------------------------|---------------------|----------------------------|
| <b>U11, U13 &amp; U15 BOYS &amp; GIRLS</b> | First 3 individuals | First 3 teams (3 to score) |
|--------------------------------------------|---------------------|----------------------------|

|                                      |                     |                            |
|--------------------------------------|---------------------|----------------------------|
| <b>U17 &amp; U20 MEN &amp; WOMEN</b> | First 3 individuals | First 3 teams (3 to score) |
|--------------------------------------|---------------------|----------------------------|

|                     |                     |                            |
|---------------------|---------------------|----------------------------|
| <b>SENIOR WOMEN</b> | First 3 individuals | First 3 teams (4 to score) |
|---------------------|---------------------|----------------------------|

|                      |                     |                            |
|----------------------|---------------------|----------------------------|
| <b>VETERAN WOMEN</b> | First 3 individuals | First 3 teams (3 to score) |
|----------------------|---------------------|----------------------------|

|                   |                     |                            |
|-------------------|---------------------|----------------------------|
| <b>SENIOR MEN</b> | First 3 individuals | First 3 teams (6 to score) |
|-------------------|---------------------|----------------------------|

|                    |                     |                            |
|--------------------|---------------------|----------------------------|
| <b>VETERAN MEN</b> | First 3 individuals | First 3 teams (4 to score) |
|--------------------|---------------------|----------------------------|

U20s and veterans will count in senior teams. MV70s will run with the U20, Sen & Vet Women

Closing date for postal and online entries **Monday 1<sup>st</sup> December**

**On – line entries** [SportSoft Entries & Results](#)

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SURNAME.....FIRST NAME.....

ADDRESS.....  
.....

.....PHONE NUMBER.....EA

LICENCE NUMBER..... CLUB..... DATE OF BIRTH.....

PLACE OF BIRTH..... MALE/FEMALE.....

AGE CATEGORY ENTERED (PLEASE STATE VET CATEGORY—5 YEAR AGE BANDS.....

SIGNED (If under 16 parent or Guardian to sign.....

I qualify to compete in the Lancashire Athletic Association 2025/26 County Cross Country  
Championships by virtue of: BIRTH or RESIDENCE

Entries to: Steve Duxbury, “Greenville”, 114, Haslingden Old Road, Rawtenstall, Lancashire. BB4 8SA  
Cheques payable to Lancashire Athletic Association. Numbers to be collected on the day.

**LANCASHIRE COUNTY QUALIFICATION** County qualification may be acquired by birth or by nine months residence immediately prior to the competition or otherwise as defined in the current UKA Rules for Competition.

Please note that entries from athletes from those parts of Greater Manchester and Merseyside, which had previously been part of Lancashire county prior to the boundary changes and administrative reforms in 1974, will not be accepted.

If you have any doubts about your eligibility to compete in these championships please contact me before attempting to enter.

Steve Duxbury      07857633060      stevedux@btinternet.com

**EA REGISTRATION OR LICENCE NUMBER** All athletes, other than U11s must include their licence number or their entry will not be accepted. If you are unsure of your number ask your Club Membership Secretary or go to:

<http://livemyathletics.uka.org.uk/LicenceCheck/>

#### TIMETABLE

|       |           |      |                                |                      |      |
|-------|-----------|------|--------------------------------|----------------------|------|
| 11.00 | U11 Boys  | 2K   | 12.03                          | U15 Girls            | 4K   |
| 11.15 | U11 Girls | 2k   | 12.30                          | U17 Men & Women      | 5.8K |
| 11.30 | U13 Boys  | 2.7K | 13.00                          | U20, Sen & Vet Women | 6.5K |
| 11.33 | U13 Girls | 2.7K | 14.00                          | U20, Sen & Vet Men   | 9.8K |
| 12.00 | U15 Boys  | 4K   | <b>Club vests must be worn</b> |                      |      |

**LANCASHIRE CROSS COUNTRY TEAM SELECTION** The first 6 finishers in the following races will qualify for automatic selection for the Inter Counties team at Wollaton Park on 7<sup>th</sup> March:

- U13 Boys & Girls, U15 Boys & Girls, U17 Men & Women with 2 other places to be decided at team manager's discretion.
- Senior Men & Women with 3 other places to be decided at team manager's discretion.

The first 3 finishers in the U20 Men's and Women's races will also have automatic selection with 5 other places to be decided at team manager's discretion. U20s seeking selection must be under 20 for the whole of the competition year i.e. age at midnight December 31st 2026